



# FSAP

## Faculty and Staff Assistance Program

Sometimes life and work  
are stressful.

**We can help.**

**Call 607-255-2673.**

Free and confidential  
guidance and support.

**Learn more:**

**[fsap.cornell.edu](https://fsap.cornell.edu)**

312 College Avenue, Suite A  
M-F 8:30 am–5:00 pm

